

**EHPS 2010 Cluj-Napoca Scientific Programme**

**Wednesday**

**Meet the Expert in European Health Psychology, 9:00-12:00**

**Michelle Fine (US)**

*Location: Pocket Room*

**Michael Murray (UK)**

*Location: Red Room*

**Suzanne Segerstrom (US)**

*Location: Green Room*

**Bas Verplanken (UK)**

*Location: White Room*

**Pre-conference workshops, 9:00-12:00**

**Workshop 1. Mechanisms of Health Behaviour Change, Prof. Dr. Ralf Schwarzer**

*Location: Aula*

**Workshop 2. Psychological Correlates of Physical diseases: the Cognitive Orientation Approach, Prof. Dr. Shulamith Kreitler**

*Location: Club Colegiu Academic*

**Workshop 3. Evaluating Meta Analyses: A Critical Consumers' Guide, James C. Coyne, PhD**

*Location: J. Monnet*

**Workshop 4. Discourse Analysis, Dr. Abigail Locke**

*Location: Schumann*

**Workshop 5. Developing the socio-emotional competencies of children through rational emotive education programs, Prof. Dr. Adrian Opre**

*Location: St. Goanga*

**Parallel Sessions (1), 15:50-17:30**

**A: Randomised Controlled Trials of Psychological Interventions** (Chair: Wieke Heideman)

Location: Aula

1. The SPHERE Study: Randomised controlled trial of a psychological theory-based intervention for patients with coronary heart disease. ; *Murphy A.W., \* Cupples M.E., Smith S.M., Byrne M., & Byrne M.C.; \*National University of Ireland, Ireland (ref.id:33/127)*
2. Enhanced depression care for acute coronary syndrome patients with persistent depressive symptoms: A randomized controlled trial; *Davidson K.W., \* Rieckmann N., Clemow L., Schwartz J.E., Shimbo D., Medina V., Albanese G., Kronish I., Hegel M., & Burg M.M.; \*Columbia University, United States of America (ref.id:366/452,*
3. Modifying illness beliefs and increasing walking in patients with intermittent claudication: Results from a randomized controlled trial; *Cunningham M., \* Swanson V., & Holdsworth R.; \*University of Stirling, United Kingdom (ref.id:815/136)*
4. Are the benefits of written emotional disclosure (WED) in patients with asthma sustained at 12-months? A randomized controlled trial; *Jones C. J., \* Smith H. E., Theadom A., Bowskill R., Hankins M., Horne R., & Frew A. J.; \*Brighton & Sussex Medical School, United Kingdom of Great Britain and Northern Ireland (ref.id:73/187,*
5. A randomised controlled trial of psychological preparation for patients undergoing MRI: Effects on successful scan completion ; *Ahmad M., \* Johnston M., & Powell R.; \*University of Aberdeen, United Kingdom of Great Britain and Northern Ireland (ref.id:365/448)*

**B: Personality and Health Behaviour** (Chair: Nelli Hankonen)

Location: J. Monnet

1. A cross-national study on gender-related personality traits and patterns of young men's alcohol use; *Zimmermann F., \* Sieverding M., & Müller S.; \*University of Heidelberg, Germany (ref.id:518/582)*
2. How does personality influence binge drinking behaviours in students?; *Marks D., \* & O'Connor R.; \*University of the West of Scotland, United Kingdom of Great Britain and Northern Ireland (ref.id:386/484)*
3. Personality and risky health-related behaviors in American and Romanian college students: A cross-cultural study; *Vasilescu I.P., \* Hoyt B., & Jordan A.D.; \* University of Virginia College at Wise, USA (ref.id:696/725)*
4. Optimistic athlete, pessimistic smoker? Study of high school students' health behaviour in light of optimism and pessimism ; *Hamvai C., \* & Piko B.; \*University of Szeged, Hungary (ref.id:729/749)*
5. Emotional avoidance and its relation to reasons for smoking in adolescents; *Karelka M., \* Kapsou M., Ioannu V.A., Gregoriou I., Christodoulou A., & Gkkliaou M.A.; \*University of Cyprus, Cyprus (ref.id:827/333)*

**C: Coping and Positive Adaptation** (Chair: Francis Quinn)

Location: Schumann

1. Direct and indirect effects of adaptation on health state utilities ; *Peeters Y., \* Ranchor A.V. & Stiggelbout A.M.; \*Leiden University Medical Center, Netherlands (ref.id:39/138)*
2. Hope for a more meaningful life: COPD patients' expectations of Pulmonary Rehabilitation; *Cartwright T., \* O'Connor J., Mathelson L., Evans P., Clow A., Lee C., Elkin S.; \* University of Westminster, United Kingdom (ref.id:724/745)*
3. Distress, emotional profile, and quality of life in Romanian chronic renal failure and renal transplant patients; *Kállay E., \* Pop R., & Balázsi R.; \*Babes-Bolyai University, Romania (ref.id:750/276)*
4. Two forms of emotion-focused coping and affect after myocardial infarction; *Gruszczynska E.; \*Warsaw School of Social Sciences and Humanities, Poland (ref.id:546/603)*

5. Perceived stress and coping strategies in headache (migraine and tension-type headache) patients; *Najam N.,\* & Aslam S.; \*Karakoram International University, Pakistan (ref.id:946/873)*

**D: Symposium (ID:20): School-Related Correlates of Health Behaviours, Health Perceptions and Life Satisfaction in Adolescence** (Chair: Oddrun Samdal)

Location: Club Colegiu Academic

1. What does the HBSC study identify as the key issues in adolescent health and health behaviours and what are their school-related correlates?; *Samdal O.; \*University of Bergen, Norway (ref.id:952/887)*
2. The role of students' social interaction for their reported academic achievement and satisfaction with life; *Bancila D.,\* Samdal O., Freeman J., Danielsen A.G., Rasmussen M., Griebler R., Currie D.; \*University of Edinburgh, Norway (ref.id:953/887)*
3. The impact of teaching on students' health: Results from a pilot study; *Griebler R.,\* Hojni M., & Kremser W.; \*Ludwig Boltzmann Institute, Austria (ref.id:954/887)*
4. Do school settings influence health-related behaviours of Bulgarian children? A multi-level approach; *Dimitrova E.,\* & Kotzeva T.; \*Bulgarian Academy of Sciences, Bulgaria (ref.id:955/362)*

Discussant: **Adriana Baban**

**E: Uptake of Donation and Vaccination Programmes** (Chair: Yael Benyamini)

Location: Iorga

1. Slow uptake of a national living donor liver transplantation (LDLT) programme. ; *McGregor L.,\* O'Carroll R., Swanson V., & Hayes P.; \*University of Stirling, United Kingdom of Great Britain and Northern Ireland (ref.id:233/356)*
2. The role of implicit associations in predicting organ donation behavior; *Mohs A.,\* Hübner G., & Six B.; \*Martin-Luther-Universität Halle-Wittenberg, Germany (ref.id:218/342)*
4. The mere measurement effect in survey studies: Actual effect or merely a bias?; *Van Dongen A.,\* Ruiter R.A.C., De Kort W.L.A.M., Abraham S.C.S., & Veldhuizen I.J.T.; \*Maastricht University, Netherlands (ref.id:417/498)*
5. Can research assessments produce bias in behaviour change trials? Findings from a systematic review of Solomon 4-group studies; *McCambridge J.,\* Bhavsar K., Witton J., & Elbourne D.; \*LSHTM, United Kingdom (ref.id:800/313)*

**F: Smoking: Uptake, Prevention and Cessation** (Chair: Paul Cremers)

Location: Bogrea

1. Does the use of snus change underlying cognitions related to the uptake of cigarettes among adolescents?; *Larsen E.,\* & Rise J.; \*The Norwegian Institute for Alcohol and Drug Research, Norway (ref.id:339/438)*
2. How do peers influence adolescent smoking? An experimental study on the underlying mechanisms of imitation and peer pressure; *Harakeh Z.,\* & Vollebergh W.A.M.; \*Utrecht University, Netherlands (ref.id:866/802)*
3. A longitudinal study to evaluate the impact of a tobacco school prevention programme ; *Bazillier C.,\* Pereira B., Verhiac J.F., & Mallet, P.; \* Université Paris Ouest, France (ref.id:311/288)*
4. Differences between smokers, unsuccessful quitters, and actual quitters in a study among Dutch men: A mixed model of smoking; *van Empelen P.,\* & Elfeddali I.; \*Erasmus MC Rotterdam, Netherlands (ref.id:532/600)*
5. Following the process after a smoking quit-attempt using electronic diary assessments.; *Elfeddali I.,\* Bolman C., Candel M., Wiers R.W., & de Vries H.; \*Maastricht University, Netherlands (ref.id:690/304)*

**G: Body Image Concerns** (Chair: Leentje Vervoort)

Location: St. Goanga

1. Family and peer influences on body image concerns and dietary patterns of adolescents; Taut D.,\* & Baban A.; \*Babes-Bolyai University, Romania (ref.id:310/397)
2. Examine the role of body image and beliefs about the benefits of smoking cigarettes on weight control among Chilean Youth; Repetto P.,\* Guic E., Ferrer L., Molina Y., & Sanhueza S.; \*P. Universidad Católica de Chile, Chile (ref.id:277/390)
3. GI Joe or Average Joe? Exploring the impact of average-size and ultra-muscular male fashion models on body image and advertisement effectiveness; Diedrichs P.C.,\* & Lee C.; \*The University of Queensland, Australia (ref.id:826/894)
4. The interplay between menopausal symptomatology and perceived attractiveness to understanding psychological well-being and physical activity behaviour in menopausal women.; Pearce G.,\* Thøgersen-Ntoumani C., & Duda J.; \*University of Birmingham, United Kingdom of Great Britain and Northern Ireland (ref.id:424/507)
5. Body and identity challenge: The experience of breast cancer and mastectomy; Piot-Ziegler C.,\* Sassi M.L., Raffoul W., & Delaloye J.F.; \*University of Lausanne, Switzerland (ref.id:334/228)

**H: Symposium (ID:21): The 2009 A(H1N1) pandemic flu outbreak: Psychological responses and the effect of public health and newspaper messages** (Chair: Susan Michie)

Location: Auditorium Maximum

1. Perceived risk, anxiety and behavioral responses of the general public during the early phase of the Influenza A (H1N1) pandemic in the Netherlands.; Bults M.,\* Beaujean D.J.M.A., de Zwart O., Kok G., van Empelen P., van Steenbergen J.E., Richardus J.H., & Voeten H.A.C.M.; \*Municipal Public Health Service Rotterdam-Rijnmond, UK (ref.id:1037/407)
2. Frames, traits, free-riding and risks: Predicting intentions to have a flu vaccination; Ferguson E.; \*University of Nottingham, United Kingdom of Great Britain and Northern Ireland (ref.id:324/236)
3. How do people react to flu pandemics? Predicting behavioural responses to pandemic flu; Teasdale E.,\* Michie S., & Yardley L.; \*University of Southampton, UK (ref.id:1039/407)
4. The role of media reporting in determining public worry during the swine flu outbreak; Michie S.,\* Rubin J., & Potts H.; \*University College London, UK (ref.id:1040/407)

**Discussant: Eamonn Ferguson**

## Thursday

## Parallel Sessions (1), 9:00-10:40

**A: Self-Regulation and Illness** (Chair: Evangelos Karademas)

Location: Aula

1. Eliciting lay prototypes of illness in healthy people: An exploratory study; *Figueiras M.J.,\* & Marcelino D.; \*Insistuto Piajet / UIPES, Portugal (ref.id:507/580)*
2. Individualised quality of life in end stage renal disease: The role of treatment modality; *Griva K.,\* Davenport A., Harrison M., & Newman S.; National University of Singapore, Singapore (ref.id:70/182)*
3. The role of illness perceptions and acceptance in irritable bowel syndrome (IBS) outcomes; *Ferreira N.,\* Morris P., Eugenicos M., & Gillanders, D.; University of Edinburgh, United Kingdom of Great Britain and Northern Ireland (ref.id:221/189)*
4. Predictors of adherence to secondary preventive medication in stroke survivors one year post-stroke; *O'Carroll R.,\* Whitatker J., Hamilton B., Dennis M., Johnston M. & Sudlow C.; \*University of Stirling, United Kingdom of Great Britain and Northern Ireland (ref.id:236/356)*
5. A self-regulation intervention plus/minus pedometer for increasing physical activity in sedentary older women: An RCT with mediator and moderator analysis; *Sniehotta F.F.,\* Johnston D.W., Boyle P., Sugden J., Argo I., Donnan P.T., & McMurdo M.M.T.; \*Newcastle University, U.K (ref.id:881/719)*

**B: Computer-Based Interventions** (Chair: Arie Dijkstra)

Location: J. Monnet

1. Effect of a tailored behaviour change programme on a composite lifestyle change score: A randomised controlled trial; *Jacobs N.,\* Clays E., De Bacquer D., De Backer G., Dendale P., Thijs H., De Bourdeaudhuij I., & Claes N.; \*Hasselt University, Belgium (ref.id:264/382)*
2. Feasibility and acceptability evaluation of a leaflet and SMS text-message based computer-tailored self-help smoking cessation intervention for pregnant smokers: The MiQuit study; *Naughton F.,\* Prevost A.T., Gilbert H., & Sutton S.; \*University of Cambridge, UK (ref.id:481/561)*
3. Short-term effects of an online computer-tailored weight management intervention on dietary intake, physical activity, action planning and self-regulation skills.; *van Genugten L.,\* van Empelen P., & Oenema A.; \*Erasmus Medical Centre, Netherlands (ref.id:373/343)*
4. Short- and long-term effects of FATaintPHAT, a theory based computer-tailored intervention to prevent unnecessary weight gain among adolescents; *Ezendam N.,\* Oenema A., & Brug J.; \*Erasmus University, Netherlands (ref.id:304/284)*
5. The effectiveness of self-help technologies for emotional problems in adolescents: A systematic review; *Ahmead M.K.,\* & Bower P.; \*Al-Quds University, Occupied Palestinian Territory (ref.id:92/206)*

**C: Social Support and Chronic Disease** (Chair: Efi Panagopoulou)

Location: Schumann

1. The role of social support and coping strategies in predicting post-traumatic growth in cancer patients: A longitudinal study; *Scrignaro M.,\* Barni S., Bonetti M. L., & Magrin M.E.; \*University of Study of Milan-Bicocca, Italy (ref.id:281/392)*
2. Who is afraid of social support?; *Kreitler S.,\* & Kreitler M.M.; \*Sheba Medical Center, Israel (ref.id:476/554)*
3. Spouse responses as predictors of pain and negative emotions in female patients with fibromyalgia: A diary study; *Lopez-Chicheri Garcia I.,\* van Middendorp H., & Greenen R.; \*Jaén University, Spain (ref.id:732/698)*

4. Family relations and patients' adjustment to dialysis: The effect of family profile on patients' coping strategies, anxiety, depression and adherence; *Untas A., \* Rascle N., Idier L., Lasseur C., Chauveau P., & Combe C.; \*Universite Bordeaux II, France (ref.id:216/344)*
5. 'Let me ask for help'. Teenagers with Type 1 diabetes want selective support, but is this a realistic option?; *Shepherd K.L., \*University of the West of England, United Kingdom of Great Britain and Northern Ireland (ref.id:332/428)*

**D: Eating and Dieting in Young People** (Chair: Anke Oenema)

Location: Club Colegiu Academic

1. Childhood obesity as a psychological risk factor; *Udrea O.-M., \* & Rascanu R., \*University of Bucharest, Romania (ref.id:479/556)*
2. Accuracy of parental perception of child's body mass index: A requirement to change child's eating habits?; *Andrade G., \* & Barros L.; \*Polytechnic Institute of Lisbon, Portugal (ref.id:558/613)*
3. Family variables, body weight and weight-related behavior among children and adolescents: An umbrella review; *Safron M., \* Cislak A., Luszczynska A.; \*Warsaw School of Social Sciences and Humanities, Poland (ref.id:656/703)*
4. The role of social support in explaining dietary patterns among Irish children and adolescents; *Fitzgerald A., \* Heary C., Nixon E., & Kelly C.; \*National University of Ireland, Ireland (ref.id:927/587)*
5. The association between eating habits and healthy eater prototypes among young men; *Kinnunen M., \* Bingham C., Renner B., Hartung, F.M., Haukkala, A., & Absetz P.; \*National Institute for Health and Welfare, Finland (ref.id:346/449)*

**E: Critical Approaches to Health and Health Care** (Chair: Kerry Chamberlain)

Location: Iorga

2. Thinking critically about men's health promotion; *Gough B.; \*Nottingham Trent University, United Kingdom of Great Britain and Northern Ireland (ref.id:407/394)*
3. Critical approaches to research on decision-making in health care; *Murtagh M.; \*University of Leicester, United Kingdom of Great Britain and Northern Ireland (ref.id:408/394)*
4. Health dialogues and dialectics in context: The "People in Public Health" expert hearings; *Branney P., \* & South J.; \*Leeds Metropolitan University, United Kingdom of Great Britain and Northern Ireland (ref.id:409/394)*
5. Critical analysis of ethnographic, interview and focus group data: Researching health care organisations; *Nicolson P., \* Rowland E., & Fox R.; \*University of London, United Kingdom of Great Britain and Northern Ireland (ref.id:410/394)*

**F: Personality and Health** (Chair: Kinerot Weissler)

Location: Bogrea

1. Stress buffering effects of conscientiousness on daily health behaviours in high and low strain work environments; *O'Connor D.B., \* Conner M., Jones F., McMillan B., & Ferguson E.; \*University of Leeds, United Kingdom of Great Britain and Northern Ireland (ref.id:413/494)*
2. What is setting the stage for weight loss? A comparison between personality and health-related social cognitions; *Hankonen N., \* Vollmann M., Renner B., & Absetz P.; \*National Institute for Health and Welfare, Finland (ref.id:822/731)*
3. Health, optimism and mindfulness: Exploring relationships using self-report measures; *Morrisroe R., \* Di Blasi Z., & Evans D.; \*University College Cork, Ireland (ref.id:128/258)*
4. Personality and health: The TCI vs. Type D personality; *Zohar, A.H., \* & Cloninger C.R.; \*Ruppin Academic Center, Israel (ref.id:45/145)*
5. The influence of negative affectivity on reports of others' symptoms; *Wearden A., \* Sambrook S., Samson H., Christie F., Kangura H., Pankhania M., Wang F., Steadman C.; \*University of Manchester, United Kingdom (ref.id:660/664)*

**G: Alcohol Use: Predictors and Interventions** (Chair: Richard Cooke)

Location: St. Goanga

1. Is there such a thing as a healthy level of alcohol consumption? The impact of different types of beverage; Moran C.,\* & Saliba A.; \*Charles Sturt University, Australia
2. Alcohol expectancies of university students; Bulotaite L.,\* & Ruta B.; \*Vilnius University, Lithuania (ref.id:577/629)
3. The theory of planned behaviour and binge drinking among undergraduate students: Examining the impact of habit strength; Norman P.; \*University of Scheffield, United Kingdom (ref.id:760/436)
4. Utilizing the theory of planned behaviour to develop a binge drinking intervention; Marks D.,\* & O'Connor R.; \*University of the West of Scotland, United Kingdom of Great Britain and Northern Ireland (ref.id:384/484)
5. A trial of proactive alcohol interventions among job-seekers (TOPAS): Preliminary results; Freyer-Adam J.,\* & Gaertner B.; \*University of Greifswald, Germany (ref.id:531/595)

Thursday

Parallel Sessions (2), 11:00-12:40

**A: Self-Regulation and Cardiovascular Disease** (Chair: Martin Dempster)

Location: Aula

1. Sense of coherence and depressive symptoms as predictors of cardiovascular disease; *Haukkala A., \*Konttinen H., Lehto E., Laatikainen T., & Uutela A.; University of Helsinki, Finland (ref.id:437/524)*
2. Sense of coherence, coping strategies with illness and quality of life change during post-hospital rehabilitation after myocardial infarction; *Wrzesniewski K., \*Włodarczyk D., & Kolodziejek J.; \*Warsaw School of Social Psychology, Poland (ref.id:36/128)*
3. Subjective recovery of self-rated health as a predictor of future health after first myocardial infarction: A 13-year follow-up; *Benyamini Y., \*Gerber Y., Goldbourt U., & Drory Y.; \*Tel Aviv University, Israel (ref.id:388/301)*
4. The moderating role of optimism on the indirect relationship between illness representations and the "end-stage appraisal of outcomes" through health; *Karademas E.C.; \*University of Crete, Greece (ref.id:49/155)*
5. Subtypes of smokers and the prediction of smoking cessation and relapse among cardiac patients; *Berndt N., \*Lechner L., Mudde A., de Vries H., Bolman B.; \*Open University of the Netherlands, Netherlands (ref.id:341/287)*

**B: Symposium (ID:4): Qualitative Methodology: Questions and Links between Theory and Methodology** (Chair: Santiago-Delefosse, Marie)

Location: J. Monnet

1. Troubling theory in qualitative health psychology research; *Chamberlain K.; \*Massey University, New Zealand (ref.id:465/259)*
2. Clinical method and psychology: Theory and practice in medicine; *Keller P.-H.; \*University of Poitiers, France (ref.id:466/259)*
3. Subjective well-being and life contexts among women senior managers: Development of an "activity-focused" methodology; *del Rio Carral M., \* & Santiago Delefosse M.; \*Université de Lausanne, Switzerland (ref.id:467/259)*
4. Triangulations in healthcarers' narrative analysis; *Moulin P., \*Moreau E., & Giami A.; \*INSERM, France (ref.id:34/259)*

**Discussant: Marie Santiago-Delefosse**

**C: Symposium (ID:11): Spousal Support in Couples Coping with Illness** (Chair: Mariet Hagedoorn)

Location: Schumann

1. Spousal support and changes in distress over time in couples coping with cancer; *Dagan M., \*Sanderman R., Schokker MC., & Hagedoorn, M.; \* (ref.id:526/598)*
2. Spousal support and cardiac patients' distress: The moderating role of attachment orientation; *Vilchinsky N., \*Haze-Filderman L., Leibowitz M., Reges O., Khaskia A., & Mosseri M.; \* (ref.id:527/598)*
3. The role of renal functioning and spousal support in couples' well-being after renal transplantation; *Hein F.L., \*Schulz T., Ranchor A.V., Niesing J., & Hagedoorn M.; \**
4. Social support and emotional distress following acute coronary syndrome: The role of self-efficacy; *Molloy, G.J., \*Randall G., Wikman A., Perkins-Porras L., Messerli-Bürgy N., & Steptoe A.; \* (ref.id:529/598)*

**Discussant: Maret Hagedorn**

**D: Symposium (ID:6): Cognitive Orientation in Health Psychology** (Chair: Shulamith Kreitler)

*Location: Club Colegiu Academic*

1. The cognitive orientation of eating disorders; *Kreitler S (ref.id:396/554)*
2. Cognitive orientation intervention increases compliance in Type II diabetes patients; *Weissler K (ref.id:397/554)*
3. Psychological correlates of colorectal cancer; *Kreitler S., Kreitler M.M., & Len A (ref.id:398/554)*
4. Examining relations between fatigue and personality tendencies in women diagnosed with breast cancer who get adjuvant radiation therapy; *Modiano T., & Golan Y (ref.id:399/554)*

**Discussant: Talma Kushnir**

**E: Symposium (ID:19): Using the Internet to Promote Health Behaviour Change** *(Chair: Thomas L. Webb)*

*Location: Iorga*

1. Danceventure: The development and evaluation of an online computer game targeting ecstasy use; *Peters G.J.Y., \*Hamers S., Kok G.; \*Maastricht University, Netherlands (ref.id:934/214)*
2. Is social desirability an issue in internet-based research regarding health risk behaviours?; *Crutzen R., \* & Göritz A.S.; \*Maastricht University, Netherlands (ref.id:935/214)*
3. Online support for smoking cessation: A systematic review of the literature; *Shahab L., \* & McEwen A.; \*University College, U.K (ref.id:936/214)*
4. Does theoretical basis, use of behaviour change techniques, and mode of delivery influence the efficacy of internet-based interventions? A meta-analysis; *Webb T.L., \* Joseph J., Yardley L., & Michie S.; \*University of Sheffield, United Kingdom of Great Britain and Northern Ireland (ref.id:937/214,*

**Discussant: Robert West**

**F: Symposium (ID:14): Habit and Health Behaviour** *(Chair: Paul Norman)*

*Location: Bogrea*

1. Capturing the nature of repetitive health behaviors: Mediating and moderating influences of habit strength; *van Osch L., \*Eggers M., Lechner L., & Vries M.; \*Maastricht University, Netherlands (ref.id:913/436)*
2. No body's perfect: Habitual negative body image thinking as vulnerability factor for low self-esteem and eating disturbance propensity; *Verplanken B.; \*University of Bath, U.K (ref.id:914/436)*
3. Social-cognitive interventions affecting nutrition and physical activity: Moderating effects of habits in adolescence; *Luszczynska A.; \*Warsaw School of Social Sciences and Humanities, Poland (ref.id:915/437)*
4. Critical cues: Exploring the differential effect of habit strength on implementation intention effectiveness; *Jan de Bruijn G., \*Adriaanse M.A.; \*University of Amsterdam, Netherlands (ref.id:916/436)*

**Discussant: Ralf Schwarzer**

**G: Symposium (ID:12): Why is Alexithymia a Relevant Factor to Consider in Health Psychology?** *(Chair: Olivier Luminet)*

*Location: St. Goanga*

1. One dimension of alexithymia, externally-oriented thinking, is associated with metabolic syndrome; *Mattila A.K., \*Jula A., Salomaa V., Salminen J.K., Kronholm E., Saarijärvi S., & Joukamaa M.; \*University of Tampere, Finland (ref.id:533/599)*
2. Alexithymia and irritable bowel syndrome; *Dumitrascu D.L., \*Fussus H., & Baban A.; \*University of Medicine and Pharmacy Iuliu Hatieganu, Romania (ref.id:534/599)*
3. Alexithymia and representations of others: A study using the social cognition and object relations scale (SCORS); *Inslegers R., \*Vanheule S., Debaere V., & Meganck R.; \*Ghent University, Belgium (ref.id:535/599)*

4. High alexithymia scorers are better able to identify others' feelings after Oxytocin (OT) intranasal administration; *Luminet O., \* Ruzette N., & Mikolajczak M.; \*Université catholique de Louvain (UCL), Belgium (ref.id:536/599)*

**Discussant: Adrian Opre**

Thursday

Parallel Sessions (3), 14:10-15:50

**A: Experimental Health Psychology** (Chair: Thomas Webb)

Location: Aula

1. Benefits of Combining Cognitive-Behavioral Bibliotherapy with Expressive Writing Interventions; *Manier D.,\* & Esbitt S.; \*University of New York, United States of America (ref.id:951/1082)*
2. The use of video and leaflets in encouraging patient involvement in safety; *Davis R.,\* Pinto A., Sevdalis N., & Vincent C.; \*Imperial College London, United Kingdom of Great Britain and Northern Ireland (ref.id:17/102)*
3. How social context moderates the self-evaluative emotions experienced due to health risk behavior; *Grob J.D.M.,\* Dijkstra A., & de Groot C.; \*University of Groningen, Netherlands (ref.id:121/252)*
4. Effect evaluation of intelligent speed adaptation on road safety; *Van den Brouke S.,\* & Paris H.; \*KU Leuven, Belgium (ref.id:671/706)*
5. Gain- and loss-framed messages affect intention through distinct pathways: The role of information acceptance, risk perception and attitude; *Smerecnik C.,\* Schutte L., van 't Riet J.; \*Maastricht University, Netherlands (ref.id:56/163)*

**B: Medication Beliefs and Representations: Qualitative Perspectives** (Chair: Tria Moore)

Location: J. Monnet

1. Representation and use of self-medication: Students, adults and elderly people; *Costantini-Tramoni M.-L.,\* Lancelot A., Belbia Y., Brodka A., Didier M., Pasquini P., Langguth C., & Marchitelli C.; \*Université Paul Verlaine de Metz, France (ref.id:468/259)*
2. Contrasting views on self-medication by the elderly and health professionals; *Fasseur F.,\* & Santiago-Delefosse M.; \*Université de Lausanne, Switzerland (ref.id:469/259)*
3. The domestic life of medications: A critical perspective; *Chamberlain K.,\* Madden H., & Hodgetts D.; Massey University, New Zealand (ref.id:406/394)*
4. Psychotropic medication and personal health beliefs: A survey in a psychiatric day care unit; *Castro D.,\* Kuntz Constantin M., & Pons E.; \*Ecole de psychologues praticiens (ref.id:470/259)*
5. Subjective theories of gynaecologists discussing sexuality in consultations; *Schweizer A.,\* Bruchez C., & Santiago-Delefosse M.; \*Université de Lausanne, Switzerland*

**C: Psychological Reactions to Illness** (Chair: Adriana Baban)

Location: Schumann

1. Biological and psychosocial status of patients with irritable bowel syndrome and inflammatory bowel diseases; *Tkalcic M.,\* Pletikosic S., Grabar N., Hauser G., & Štimac D.; \*University of Rijeka, Croatia (ref.id:402/548)*
2. Psychological and genetic determinants of irritable bowel syndrome; *Dumitrascu D.L.,\* Hotoleanu C., Pop I., Popp R.; \*University of Medicine and Pharmacy Iuliu Hatieganu, Romania (ref.id:401/548)*
3. Gut-directed hypnotherapy for patients with functional GI disorders; *Moser G.; \*Medical University, Vienna, Austria (ref.id:403/548)*
4. The role of adversity in adult functioning: A comparative study between obese and non-obese; *Silva S.,\* Santos B., & Maia A.; \*University of Minho, Portugal (ref.id:337/295)*
5. Body transformation and out of the norm experiences in the context of critical and severe illness: Beyond the concepts of normality and pathology; *Piot-Ziegler C.; \*University of Lausanne, Switzerland (ref.id:353/228)*

**D: Family and Child Adjustment to Illness** (Chair: Mariet Hagedoorn)

Location: Club Colegiu Academic

1. Single parents' experience of caring for a child with cancer: Preliminary findings; *Granek L., \*Rosenberg Z., Klaassen R., Sung L., & Klassen A.; \*McMaster Children's Hospital, Canada (ref.id:15/92)*
2. Family functioning and adolescents' psychological well-being in families with a CNS injured parent; *Stanescu D.F.; \*National School of Political Studies and Public Administration, Romania (ref.id:145/256)*
3. Family functioning, family coping styles and children's psychological adjustment when a parent is physically ill: A qualitative study; *Pirosca E.A., \* & Stanescu F.S.; \*National School of Political Studies and Public Administration, Romania (ref.id:330/427)*
4. Optimism in adolescents with cancer: Relations with psychological well-being; *Sulkers E., \* Tissing W., Brinksma A., Roodbol P., Kamps W., & Sanderman R.; \*University Medical Center Groningen, Netherlands (ref.id:229/346)*
5. Dental coping strategies, dental anxiety and dental treatment: The experience of HappydentClinicJunior, Cluj Napoca; *Statov N.; \*HappydentClinicJunior, Romania (ref.id:172/293)*

**E: Eating Behaviour** (Chair: Amanda Fitzgerald)

Location: Iorga

1. The influence of clinical practice on eating behaviors of first year nursing students; *Demetriou F., \* Kalavana T.V., & Christodoulou C.F.; \*Cyprus University of Technology, Cyprus (ref.id:744/712)*
2. Exploring the determinants of healthy eating and physical activity: A cross-cultural perspective. ; *Abdul-Aziz B., \* & Chater A.; \* University of Bedfordshire, United Kingdom of Great Britain and Northern Ireland (ref.id:243/361)*
3. Don't stop me now! The role of self-efficacy in moderating the relationship between physical activity and obesity and physical complains; *Balázsi R., \* Kállay E., Lupu M., Baban A., & Szabó P.; \*Babes-Bolyai University, Romania (ref.id:746/760)*
4. A food diary assessment of the relationships between self-reported eating style and eating behaviour in obese individuals; *Brogan A., \* Hevey D., Yoder R., Rhynehart A., Kelly D., & Knox S.; Trinity College Dublin, Ireland (ref.id:395/264)*
5. The daily ups and downs in healthy eating and bulimic symptoms: A diary study on the role of need satisfaction; *Verstuyf J., \* Vansteenkiste M., & Soenens B.; \*Ghent University, Belgium (ref.id:516/167)*

**F: Physical Activity in Children and Adolescents** (Chair: Holger Schmid)

Location: Bogrea

1. Investigating the relationships between elements of a revised theory of planned behaviour and objectively measured physical activity behaviours [HAPPY Study]; *Denton S.J., \* Kerr C.J., Savory L.A, Bailey D.P, & Chater A.; \*University of Bedfordshire, United Kingdom (ref.id:756/552)*
2. Comparing three theoretical models to predict physical activity and sedentary behaviours on primary school children ; *Araújo-Soares V., \* Sniehotta F.F., Jackson D., Laing C., McKinlay R.K., Kliszkiwicz J., & Speakman J.R.; \*Newcastle University, United Kingdom (ref.id:675/536)*
3. Teaching games for understanding: The impact on constructs of self determination theory and levels of physical activity in physical education; *Smith L.R., \* Kerr C.J., Savory L.A., Kozub S.A., & Fairclough S.J.; \*University of Bedfordshire, United Kingdom (ref.id:772/566)*
4. Exploring availability of sports facilities as a moderator of the intention - sports participation association in an adolescent sample ; *Prins R., \* van Empelen P., te Velde S. J., Timperio A., van Lenthe F., Tak N., Crawford D., Brug J., & Oenema A.; \*Erasmus MC, Netherlands (ref.id:292/338)*
5. Identifying cognitive and perceived environmental predictors of daily walking and cycling to school among adolescents; *Oenema A., \* Prins R., te Velde S., Brug J., & van Empelen P.; \*Erasmus MC, Netherlands (ref.id:674/714)*

**G: Self-Regulation of Eating** (*Chair: Chris Armitage*)

*Location: St. Goanga*

1. Toward a conceptualisation of normal eating behavior; *Strohbach S., \* Sproesser G., Schupp H., & Renner B.; \*University of Konstanz, Germany (ref.id:60/169)*
2. Candy or apple? When self-regulation facilitates a healthy diet; *Sproesser G., \* Strohbach S., Schupp H., & Renner B.; \*University of Konstanz, Germany (ref.id:63/168)*
3. Eating attitudes and lifestyle in obesity; *Rezaei A., \* Rezaei D., & Esfandiari F.; \*Azad Islamic University Marvdasht Branch, Iran (Islamic Republic of) (ref.id:62/171)*
4. Impulsive consumer style and health: A self-regulatory approach; *Sato A., \* & Verplanken B.; \*University of Bath, United Kingdom (ref.id:652/692)*
5. • Changing beliefs and behaviour after taking obesity medication: 18 months follow up; *Hollywood A., & Ogden J.; \*University of Surrey, United Kingdom of Great Britain and Northern Ireland (ref.id:161/280)*

Friday

Parallel Sessions (1), 9:00-10:40

**A: Risk Perception, Self-Affirmation and Message Acceptance** (Chair: Peter Harris)

Location: Aula

1. Driving safety and fear appeal: The role of self-affirmation in information processing; *Terrade F., \* & Dutrévis M.; \*Université Rennes 2, France (ref.id:76/199)*
2. Effects of self-affirmation in different message frames; *Dijkstra A.; \* University of Groningen, Netherlands (ref.id:612/670)*
3. Self-affirmation reduces body dissatisfaction in adolescents by shifting the determinants of self-esteem; *Armitage C.J.; \*University of Sheffield, United Kingdom of Great Britain and Northern Ireland (ref.id:43/143)*
4. When good news are not inducing acceptance and reassurance: A cue adaptive reasoning perspective ; *Renner B., \* Gutiérrez-Doña B., Kwon S., & Schwarzer R.; \*University of Konstanz, Germany (ref.id:635/688)*
5. Genetic health messages in the mass media: Do the general public perceive non-personalized genetic health messages as personally relevant?; *Smerecnik C., \* Mesters I., de Vries H., de Vries N.K.; \*Maastricht University, Netherlands (ref.id:55/163)*

**B: Factors in Healthy Ageing** (Chair: Benjamin Schuz)

Location: J. Monnet

1. Happy aging: A representative national four-year follow-up study; *Kopp M.; \*Semmelweis University, Hungary (ref.id:250/370)*
2. Stress and coping in healthy older European adults: The Zenith Study; *Simpson L., \* McConville C., Rae G., Stewart-Knox B., Meunier N., Andriollo-Sanchez M., & Polito A.; \*University of Ulster, United Kingdom of Great Britain and Northern Ireland (ref.id:325/423)*
3. Health self-regulation and emotions in older adults: Buffering effect of planning; *Gellert P., \* & Ziegelmann J.P.; Freie Universität Berlin, Germany (ref.id:435/521)*
4. The influence of drug packaging on the drug-taking compliance of older patients living on their own; *Schoberberger R., \* Klik K., Korab T., & Kunze M.; \*Medical University of Vienna, Austria (ref.id:119/246)*
5. The interplay of self-efficacy and social support as predictors of autonomy in older adults with multimorbidity; *Warner L.M., \* Ziegelmann J.P., Schüz J.P., Wurm S., Tesch-Römer C., & Schwarzer R.; \* Freie Universität Berlin, Germany (ref.id:728/744)*

**C: Measurement of Illness Perceptions and Psychological Outcomes** (Chair: Aurora Szentagotai)

Location: Schumann

1. The factor structure of the revised illness perception questionnaire and its relationship with the common sense model; *Dempster M., \* McCorry N.; \*Queen's University Belfast, UK (ref.id:442/533)*
2. Accessing illness perceptions related to mood change: How do we ask about cause?; *Theeman M. L.; \*City University of New York, United States of America (ref.id:309/148)*
3. Assessing patients' representations of cancer-related fatigue; *Pertl M., \* Hevey D., & Collier S.; \*Trinity College Dublin, Ireland (ref.id:97/212)*
4. Are clusters of the revised illness perceptions questionnaire more predictive of recovery after hysterectomy than its subscales?; *Pinto P., \* Araújo-Soares V., McIntyre T. & Almeida A.; \*University of Minho, Portugal (ref.id:813/564)*
5. The Paediatric Index of Emotional Distress (PI-ED): A new index for 8-16 years olds; *Ferguson E., \* O'Connor S., Caldwell F., Knowles S., Carney T., House E., & O'Connor R.; \*University of Nottingham, United Kingdom of Great Britain and Northern Ireland (ref.id:274/236)*

**D: (Symposium ID:18): STAR SYMPOSIUM on STRESS AND ANXIETY** (Chair: *Eva Kallay*)

Location: *Club Colegiu Academic*

1. Predicting anxiety-related psychological vulnerability; *Ciuca A., \*Perte A., Miclea S., Budau O., Miclea M.; \*Babes-Bolyai University, Romania (ref.id:929/276)*
2. Short-term and long-term remembering in children with high trait anxiety: An investigation using emotional stimuli ; *Visu-Petra L., \*Cheie L., & Benga O.; \*Babes-Bolyai University, Romania (ref.id:930/276)*
3. Association between a cognitive and physiological endophenotype of social anxiety and serotonin transporter gene polymorphisms ; *Miu A.C.; \*Babes-Bolyai University, Romania (ref.id:931/276)*
4. Comparison of motor performance and social anxiety (SASC) of 10-12-year-old PE class and music class school children ; *Szalay P., \*Ipach M., Sipos K., & Tóth L.; \*Semmelweis University, Hungary (ref.id:932/276)*
5. Individual differences in cognitive emotion regulation and well-being ; *Heilman R.M., \*Miclea M., & Miu A.C.; \*Babes-Bolyai, Romania (ref.id:933/276)*

**E: Discourses of Health and Health Care** (Chair: *Antonia Lyons*)

Location: *Iorga*

1. Making 'informed choices' in antenatal care; *Locke A.; \*Huddersfield University, United Kingdom of Great Britain and Northern Ireland (ref.id:171/292)*
2. Patients' stories – narrative based medicine; *Kaptein A.A.; \*LUMC, Netherlands (ref.id:162/100)*
3. The discursive construction of risk and responsibility in childhood vaccinations: A qualitative study of parental talk in Scotland. ; *Gray C., \* & Kennedy C.; \*Edinburgh Napier University (ref.id:792/784)*
4. Discourses of HPV vaccine implementation in Bulgaria; *Todorova I., \* & Panayotova Y.; \*Health Psychology Research Center, Bulgaria (ref.id:885/833)*
5. Corporate d(ist)ress? Capitalism and the pharmaceutilization of young women as “bipolar” ; *Liebert R.; \*The Graduate Center, City University of New York, United States of America (ref.id:905/843)*

**F: Planning and Health Behaviour** (Chair: *David French*)

Location: *Bogrea*

1. Beyond intention: Risk perception moderates how intentions are translated into sunscreen use; *Craciun C., \*Mallach C., Lippke S., & Schwarzer R.; \*Babes-Bolyai University, Romania (ref.id:66/164)*
2. Towards a model of parental physical activity: Integrating measures of self-determination and planning within the theory of planned behaviour (TPB); *Hamilton K., \* & White K.M.; \*Queensland University of Technology, Australia (ref.id:547/329)*
3. Gender differences in the relationships between intentions, planning, and health behavior: A moderated mediation analysis; *Lange D., \* Richert J.; \*Freie Universität Berlin, Germany (ref.id:805/793)*
4. Who formulates strong fruit consumption self-regulatory plans? An application of the Big Five personality theory.; *Gert-Jan de Bruijn; \*University of Amsterdam, The Netherlands (ref.id:449/538)*
5. An intervention to reduce alcohol consumption in undergraduate students using implementation intentions and mental simulations: A cross-national study; *Hagger M. S., \*Lonsdale A., Koka A., Hein V., Pasi H., Lintunen T., & Chatzisarantis N. L. D.; \*University of Nottingham, United Kingdom of Great Britain and Northern Ireland (ref.id:306/411,*

**G: Psychological Interventions and Obesity** (Chair: *Diana Taut*)

Location: *St. Goanga*

## ORAL Programme

1. Behaviour change intervention development and optimisation for obese adults with risk factors for morbidity: An open pilot study; *Dombrowski S.U., \*Araújo-Soares V., Johnston M., Broom J., Kulkarni U., Brown J., Murray L., Sniehotta F.F.; \*University of Aberdeen, United Kingdom (ref.id:719/511)*
2. A theory-based intervention delivered in primary care to motivate behaviour change in obese adults: Development and pilot testing; *Atkinson L., \*Edmunds J.K., & French D.P.; \*Coventry University, United Kingdom of Great Britain and Northern Ireland (ref.id:160/278)*
3. Enhancing self-efficacy in overweight and obese individuals; *Ochsner S., \*Scholz U., & Hornung R.; \*Universität Zürich, Switzerland (ref.id:299/406)*
4. Emotional eating: A strategy or a problem? ; *Silva S., \* & Maia A.; \*University of Minho, Portugal (ref.id:336/295)*
5. For whom and under what circumstances do school-based overweight prevention programmes work best? Systematic review of moderators; *van Stralen M.M., \*Yildirim M., Chinapaw M.J.M., Brug J., van Mechelen W., Twisk J., & te Velde S.J.; \*VU University Medical Center, Netherlands (ref.id:904/831)*

Friday

Parallel Sessions (2), 11:00-12:40

**A: Symposium (ID:10): Self-Regulation in Health and Illness** (Chair: Stan Maes)

Location: Aula

1. Illness perceptions determine quality of life and psychological distress in patients suffering from irritable bowel syndrome; *De Gucht V., \* & Maes S.; \*Leiden University, The Netherlands (ref.id:493/571)*
2. Autonomous motivation, planning and regulatory self-efficacy as determinants of physical exercise in a healthy population; *Marques M., \* Maes S., De Gucht V., & Leal I.; \*Leiden University, The Netherlands (ref.id:494/571)*
3. Do autonomous and controlled treatment self-regulation predict health behaviours and sleep problems in adolescents with epilepsy?; *Rizou I., \* Maes S., De Gucht V. Pat- El R., & Papavasiliou A.; \*Leiden University, The Netherlands (ref.id:495/571)*
4. Beyond resolutions: A self-regulation intervention for maintenance of lifestyle change following cardiac rehabilitation; *Janssen V., \* Maes S., De Gucht V., & Van Exel H.; \*Leiden University, The Netherlands (ref.id:496/571)*

**Discussant: Stan Maes****B: Symposium (ID:9): Self-Affirmation: Does it Promote Health Protective Behaviours?** (Chair: Richard Cooke, Peter Harris)

Location: J. Monnet

1. The impact of self-affirmation on physical activity among people with low consideration of future consequences; *Cooke R., \* Trebaczyk H., Harris P., & Wright A.J.; \*Aston University, UK (ref.id:488/562)*
2. Be fond of yourself and admit that you're at risk – self-affirmation helps accepting personalized risk feedback; *Mallach N., \* Schüz B., & Eid M.; \*Freie Univsersität, Germany (ref.id:489/562)*
3. Self-affirmation facilitates adaptive cognition and behaviour changes in multimorbid elderly adults; *Schüz B., \* Wurm S., Warner L.M., & Ziegelmann J.P.; \*Freie Univsersität, Germany (ref.id:490/562)*
4. The impact of self-affirmation and defensive denial on responsiveness to an FDA warning message about mercury in seafood; *Harris P.R., \* & Griffin D.W.; \*University of Sheffield, UK (ref.id:491/562)*

**Discussant: Chris Armitage****C: Symposium (ID:16): Anxiety Problems: From Vulnerability to Disorders** (Chair: Mario GUAZZELI)

Location: Schumann

1. Physical stress, mood and anxiety: A psychometric and functional magnetic resonance imaging study on extreme triathlon athletes; *Gentili C., \* Montanaro D., Piccioli M., Pratali S., Musetti M., Rota G., Guazzelli M., Bedini R., & Gemignani A.; \*University of Pisa, Italy (ref.id:921/798)*
2. Emotional regulation in socially anxious subjects: Results from a study using a virtual reality environment; *Cristea I., \* Szentagotai A., Lucacel R., Apopi D., Visla A., & David D.; \*Babes-Bolyai University, Romania (ref.id:922/798)*
3. The relationship between anxiety and sleep quality in different age groups; *Violani C., \* Battagliese G., Grano C., Mallia L., Miraldi M., Lucidi F., Lombardo C., & Pisanti R.; \*University of Pisa, Italy (ref.id:923/798)*

4. Cognitive Therapy vs. Rational Emotive Behavior Therapy vs. Acceptance and Commitment Therapy in the treatment of generalized anxiety disorder. A randomized clinical trial; *David D., \*Szentagotai A., Cristea I., Macavei B., & Moldovan R.; \*Babes-Bolyai University, Romania (ref.id:924/798)*

**Discussant: Daniel David**

**D: Critical Approaches to Women** (Chair: Abigail Locke)

Location: Club Colegiu Academic

1. Constructing birth as a medical emergency: Power, culture and birth choices; *Lee C.; \*University of Queensland, Australia (ref.id:460/398)*
2. Emotional rollercoaster: A qualitative study of the impact of premature birth on the mother-infant relationship; *Saupe M.; \*Thysia Association for Early Intervention, Romania (ref.id:611/669)*
3. 'Yummy Mummies': Representations of postnatal bodies in popular women's magazines; *Jackson S., \* & Taylor D.; \*Victoria University of Wellington, New Zealand (ref.id:461/398)*
4. Meanings of menopause in medical textbooks; *Niland P., \* & Lyons A.; \*Massey University, New Zealand (ref.id:462/398)*
5. Does a social policy discourse of positive ageing exacerbate material disadvantage for older women?; *Stephens C., \* & Breheny M.; \*Massey University, New Zealand*

**E: Symposium (ID:8): Prevention of Overweight in Childhood and Adolescence** (Chair: Denise de Ridder)

Location: Iorga

1. "I should remember I don't want to become fat": Adolescents' ideas about self-regulatory strategies for healthy eating; *Stok F.M., \* De Vet E., De Ridder D.T.D., & De Wit J.B.F.; \*Utrecht University, The Netherlands (ref.id:472/547)*
2. Environmental influences on young people's weight-related behaviors: A comprehensive review of reviews.; *De Wit J., \* De Vet E., & De Ridder D.; \*Utrecht University, The Netherlands (ref.id:473/547)*
3. Local environment, school, and family predictors of child and adolescent overweight, nutrition, and physical activity: A review of systematic reviews; *Luszczynska A., \* Safron M., Cislak A., & Januszewicz A.; \*Warsaw School of Social Sciences and Humanities, Poland (ref.id:474/547)*
4. Self-regulation enhances self-regulatory performance over time because it reduces the preference for the temptation; *Rutkauskaite A., \* Dewitte S., & Warlop L.; \*University Of Leuven, Belgie (ref.id:475/547)*

**Discussant: Catrina Gawrilow**

**F: Planning Health Behaviour Change** (Chair: Falko Sniehotta)

Location: Bogrea

1. Underlying processes of implementation intentions targeting unhealthy habits; *Adriaanse M.A., \* Gollwitzer P.M., de Ridder D.T.D., de Wit J.B.F., & Kroese F.M.; \*Utrecht University, Netherlands (ref.id:165/283)*
2. Action plans: Effects of experimentally manipulated number of plans and plan recall; *Wiedemann A.U., \* Richert J., & Koring M.; \*Charité University Medicine Berlin, Germany (ref.id:503/522)*
3. Synergistic effects of planning and self-efficacy on physical activity; *Koring M., \* Richert J.M., Reuter T., Wiedemann A. U., & Schwarzer R.; \*Freie Universität, Germany*
4. Understanding influenza vaccination behavior: How well can the Health Action Process Approach be applied?; *Ernsting A., \* Schwarzer R., Schneider M., & Lippke S.; \*Freie Universität Berlin, Germany (ref.id:329/202)*
5. Risk information and planning in the promotion of saturated fat reductions; *Soureti A., \* Murray P., Cobain M.R, van Mechelen W., & Hurling R.; \*Unilever R&D, UK (ref.id:317/419)*

**G: Health and Well-Being in Carers and Older People** (Chair: Maria Kopp)

*Location: St. Goanga*

1. The willingness of informal carers of older people to continue caring: Results of the EUROFAMCARE study; *McKee K.J., \*Bien B., Wojszel B., Kofahl C., Krevers B., Melchiorre M.G., Mnich E., & Prouskis C.; \*Dalarna University, Sweden (ref.id:95/210)*
2. An evaluation of the beyondblue depression training program for aged care workers; *Mellor D., \*McCabe M.P., Davison T.E., Karantzas G., & George K.; \*Deakin University, Australia (ref.id:412/447)*
3. Sleep disorders and social engagement in nursing facilities: A bi-directional relationship; *Garms-Homolová V., \*Flick U., & Röhnsch Gundula A.S.; \*University of Applied Sciences Berlin, Germany (ref.id:583/636)*
4. "When they sleep, they sleep": Nurses' representations of influences of residents' daytime activities on sleep disorders in nursing homes; *Flick U., \*Garms-Homolová V., & Röhnsch G., & Salomon A.; \*Alice Salomon University, Germany (ref.id:362/458)*
5. 'You can't be forcing food down 'em.': Nursing home carers talk about barriers to enhancing residents' dining experiences.; *Dunn H., \* & Moore T.; \*Sheffield Hallam University, UK (ref.id:861/813)*

Friday

Parallel Sessions (3), 14:10-15:50

**A: Risk Perceptions** (Chair: Britta Renner)

Location: Aula

1. Frames, traits, free-riding and risks: Predicting intentions to have a flu vaccination; *Ferguson E.; \*University of Nottingham, United Kingdom of Great Britain and Northern Ireland (ref.id:324/236)*
2. Perceived risk of developing breast cancer: How we phrase the question determines the answer; *Gibbons A., \* Groarke A., Curtis R., & Keane A.M.; \*National University of Ireland, Ireland (ref.id:436/279)*
3. Attributes and cues for partner related HIV-risk perception.; *Oeberst A., \* Schmälzle R., Schupp H., & Renner B.; \*Stiftungs-Universität Hildesheim, Germany (ref.id:520/157)*
4. A social-cognitive perspective of swine flu risk perception and individual response in Italy; *Ciocognani E., \* Pietrantonio L., Prati G., & Zani B.; \*University of Bologna, Italy*
5. The numbers of risk, affect-laden risk perception and preventive behaviors: The case of the new H1N1 influenza ; *Reuter T., \* & Renner B.; \* University of Konstanz, Germany (ref.id:700/727)*

**B: Maternal and Child Health** (Chair: Christina Lee)

Location: J. Monnet

1. Methodological limitations in the study of the relationship between adverse childhood experiences and health: The problem of retrospective reports.; *Pinto R., \* & Graça A.; \*Universidade do Minho, Portugal (ref.id:670/713)*
2. A Smoking cessation intervention during pregnancy, its effectiveness, and effects on birth outcomes; *Meghea C.I., \* Rus D., Dirle I.A., Holtrop J.S., & Roman L.A.; \*Michigan State University, USA (ref.id:773/519)*
3. The psychological impact of prenatal test procedures; *Al Ghazi L.; \*Universitatea de Vest, Romania (ref.id:639/681)*
4. Subjective experience of pregnancy and maternal care in Portuguese primary health centres: What should health professionals know? ; *Santos Rita J., \* & Barros L.; \*Higher School of Health Technology of Lisbon/Polytechnic Institute of Lisbon, Portugal (ref.id:620/290)*
5. Mother's behavior influence on the child's health; *Nikolaeva E.; \*Herzen State Pedagogical University, Russian Federation (ref.id:147/194)*

**C: Roundtable: Positive Psychology and Health: From Disconnected Monologues to a Dialog** (Chair: James Coyne)

Location: Schumann

**James Coyne, Daniel David, Vangelis Karademas (ref.id:956/243)**

**D: Trauma and Health** (Chair: Eva Kallay)

Location: Club Colegiu Academic

1. Coping with natural disaster in a non-industrialized setting: The 2004 tsunami in Kerala's fishing villages (India); *von Lieres und Wilkau J.S.; \*Mata Amritanandamayi Math, India (ref.id:418/502)*
2. Prediction of post traumatic stress symptoms in internally displaced persons in Georgia; *Martskvishvili K., \* & Mestvirishvili M.; \*Tbilisi State University, Georgia (ref.id:616/674)*
3. Heredity links natural hazards and human health: Apolipoprotein D gene moderates self-rated health in earthquake survivors; *Daly M., \* & MacLachlan M.; \*Trinity College Dublin, Ireland (ref.id:123/254)*

4. Psychological factors predict disability after musculoskeletal trauma; *Vranceanu A.M., \* & Ring D.; \*Massachusetts General Hospital/Harvard Medical School, United States of America (ref.id:153/270)*
5. Sensory and affective pain: By whom and when are they perceived as distinct?; *Dima A., \* Gillanders D., Power M.; \*University of Edinburgh, United Kingdom of Great Britain and Northern Ireland (ref.id:108/232)*

**E: Interventions to Change Eating Behaviour** (Chair: Vera Araujo-Soares)

Location: Iorga

1. Ironic appeal: Why weak temptations may be more dangerous than strong temptations; *Kroese F., \* Evers C., & De Ridder D.; \* Utrecht University, Netherlands (ref.id:722/741)*
2. Do distant foods decrease intake? The effect of food accessibility on eating behaviour; *Maas J., \* De Ridder D.T.D, & De Vet E.; \*Utrecht University, Netherlands (ref.id:713/400)*
3. Small portion sizes in worksite cafeterias: Do they help consumers to reduce their food intake?; *Vermeer W. M., \* Steenhuis I. H. M., Leeuwis F., Heymans M.W., & Seidell J. C.; \*VU University Amsterdam, Netherlands (ref.id:12/87)*
4. Relationship between the requirements of modern nutrition and consequences of ignoring them ; *Hogea L.M.; \*Medicine and Pharmacy University "V. B", Romania (ref.id:167/286)*
5. Testing an integrated model of the theory of planned behaviour and self-determination theory for different energy-balance related behaviours and intervention intensities; *Jacobs N., \* Hagger M.S., Streukens S., De Bourdeaudhuij I., & Claes N.; \*Hasselt University, Belgium (ref.id:266/382)*

**F: Physical Activity** (Chair: Gert-Jan de Bruijn)

Location: Bogrea

1. Need satisfaction in exercise: Validation of a German measure of autonomy, competence and social relatedness in exercise; *Rackow P., \* Scholz U., & Hornung R.; \*University of Zurich, Switzerland (ref.id:94/209)*
2. Fuzzy Trace Theory explains the effects of expertise on decision making of bikers; *Neter E., \* Gabay M., & Chayun E.; \*Ruppin Academic Center, Israel (ref.id:24/104)*
4. An intervention to increase the walking of the general public requires both motivational and volitional components: A replication and extension; *French D., \* Stevenson A., & Michie S.; \*Coventry University, United Kingdom (ref.id:802/700)*
5. How much do interventions to promote walking in groups actually increase walking? Systematic literature review with meta analysis. ; *Kassavou K., \* Turner A., & French D.P.; \*Coventry University, UK (ref.id:517/590)*

**G: Coping with Cancer** (Chair: Helena Sek)

Location: St. Goanga

1. Psychological state, mental adjustment and quality of life in patients with choroidal melanoma: A longitudinal study in a French cancer center; *Suchocka - Capuano A., \* Brédart A., Dolbeault S., Lumbroso-Le Rouic L., Lévy-Gabriel C., Desjardins L., Flahault C., & Bungener C.; Institut Curie, France (ref.id:607/495)*
2. Optimism and sense of coherence as predictors of distress among cancer couples; *Gustavsson-Lilius M., \* Julkunen J., Keskivaara P., Lipsanen J. & Hietanen P.; \*University of Helsinki, Finland (ref.id:562/616)*
3. The influence of children's and parents' illness perceptions on paediatrics cancer patients' quality of life; *Fonseca M., \* Missotten P., Etienne A.M., Dupuis G., Lemétayer F., & Spitz E.; \* University Paul Verlaine - Metz, France (ref.id:796/783)*
4. Is cancer patients' experience of illness-related changes (regarding oneself, relationships, philosophy of life) related to affect, coping, and goal reengagement?; *Schroevers M. J., \* Kraaij V., & Garnefski, N.; \*University Medical Center Groningen, Netherlands (ref.id:219/337)*
5. Resilience and positive and negative affect in cancer patients; *Kausar R., \* & Jabeen S.; \*University of the Punjab, Pakistan (ref.id:942/868)*

**Saturday****Parallel Sessions (1), 9:00-10:40****A: Interventions in Chronic Disease** (Chair: Shulamith Kreitler)*Location: Aula*

1. Rehabilitation of cancer patients in Denmark: A randomized controlled trial on the effect of a multi-focused psychosocial rehabilitation course; *Rottmann N., \* Würtzen H., Oksbjerg Dalton S., Christensen J., Hansen D.G., Bidstrup P.E., Frederiksen K., & Johansen C.; \*University of Southern Denmark, Denmark (ref.id:201/310)*
2. TERVA Tele-coaching in disease management: Psychological mediators and behavioural and clinical outcomes; *Absetz P., \* Patja K., Kuronen R., Tokola K., Wiklund T., Oksman E., & Talja M.; \*National Institute for Health and Welfare, Finland (ref.id:819/801),*
3. Effects of social support and coherence on the efficiency of health education programs in cardiovascular pathology; *Halmajan A.; \*University of Oradea, Romania (ref.id:863/297)*
4. Cognitive behaviour therapy for menopausal symptoms following breast cancer treatment: A pilot study; *Mann E., \* Smith M., Hunter M.; \*King's College London, UK*
5. Impact of two different oral bowel preparation for colonoscopy on adherence, willingness to undergo repeated examination and adequacy of bowel cleansing; *Garett D., \* Dunn S., Blair A., McCorkell G., O'Neill S., & Coates V.; \*University of Ulster, UK (ref.id:445/540)*

**B: Medication and Health Care Use** (Chair: Irina Todorova)*Location: J. Monnet*

1. Self-care among physicians and medical students: A literature review; *Montgomery A., \* Kehoe I., Bradley C., Rochfort A., & Panagopoulou E.; \*University of Macedonia, Greece (ref.id:943/870)*
2. Factors influencing complementary and alternative medicine treatment choices in a non-patient population; *Rowe J. \* & Hamilton K.; \*University of Kent, United Kingdom*
3. Health care utilization of Chinese immigrants in the Netherlands; *Liu C.; \*Utrecht University, Netherlands (ref.id:269/384)*
4. Medications in Tongan households in New Zealand; *Tongi L., \* Nikora L.M., & Hodgetts D.; \*University of Waikato, New Zealand (ref.id:692/723)*
5. Attitudes towards self-testing for chlamydia: A qualitative study; *Pattison H.M., \* Powell R., & Marriott J.F.; \*Aston University, UK (ref.id:539/601)*

**C: Coping with Pain and Disability** (Chair: Eva Kallay)*Location: Schumann*

1. Johnston's integrated model of disability predicts walking limitation better than biomedical (ICF) or a psychological model alone: Replication and extension; *Quinn F., \* Johnston M., Dixon D., Johnston D. W., & Pollard B.; \*University of Aberdeen, United Kingdom of Great Britain and Northern Ireland (ref.id:239/360),*
2. Measuring secondary traumatic stress in medical staff in emergency and intensive care units; *Crumpei I.; \*University "Al. I. Cuza", Romania (ref.id:116/244)*
3. Predicting recovery after hip replacement: The role of pre-operative patient expectations; *Hobbs N., \* Dixon D., Dieppe P., & EUROHIP group.; \* University of Stirling, United Kingdom (ref.id:694/418)*
4. Using person-centred research to identify support needs of people experiencing chronic low back pain; *MacNeela P., \* Mulveen R., McGuire B., & O'Gorman D.; \*National University of Ireland, Ireland (ref.id:875/336)*
5. The role of resources in coping with arthritis and diabetes; *Sek H., \* Kaczmarek L., Ziarko M., & Pietrzykowska E.; \*Adam Mickiewicz University, Poland (ref.id:387/459)*

**D: Health Professionals** (Chair: Adrian Opre)*Location: Club Colegiu Academic*

1. Theory Based Intervention to Adherence of Candidate Nurses to Hand Washing Behaviour; *Tabak R. S., \*Maras G. B., & Karaahmetoglu G. U.; \*Kastamonu University, Turkey (ref.id:305/409)*
2. The contribution of nurses' self-regulation skills in patients' satisfaction; *Kalavana T.V., \* & Christodoulou C. F.; \*Cyprus University of Technology, Cyprus (ref.id:667/712)*
3. "Healthy conversation skills": Training Sure Start Children's Centre (SSCC) staff to support families improve their diets and physical activity levels; *Lawewnce W., \* Black C., Cradock S., & Barker M.; \*University of Southampton, United Kingdom of Great Britain and Northern Ireland (ref.id:423/266)*
4. Improving mental health of children by using cognitive-behavior prevention programs; *Opre A.; \*Babes Bolyai University, Romania (ref.id:852/822)*
5. How professional culture influences interdisciplinary teamwork; *Sjøvold E.; \*Norwegian University of Science and Technology, Norway (ref.id:215/340)*

**E: Symposium (ID:13): Rational-Emotive Therapy Applications in Health** (Chair: Daniel DAVID)

Location: Iorga

1. Cognitive-emotional equation: The relationship among cognitive processes, contents and specific emotions; *Sucala M., \*Greene P., David D., Montgomery G., & Schnur J.; \*Babes-Bolyai University, Romania (ref.id:909/567)*
2. Emotional well-being in patients with coronary heart disease; *Stefan S., \*Sucala M., Szentagotai A., & David D.; \*Babes-Bolyai University, Romania (ref.id:910/513)*
3. Rational emotive behavior therapy improves mood, fatigue, and skin toxicity in the radiation oncology setting; *Schnur J.B., \*David D., Kangas M., & Montgomery G.; \*Babes-Bolyai University, Romania (ref.id:911/848)*
4. Rational-Emotive Behavior Therapy improves well-being in coronary heart disease; *Szentagotai A., \*David D., Sucala M., & Stefan S.; \*Babes-Bolyai University, Romania (ref.id:912/848)*

**Discussant: Daniel David**

**F: Health-Risk Behaviour in Adolescents and Young People** (Chair: Magdalena Safron)

Location: Bogrea

1. Drunken celebrities, new media and young women's drinking cultures; *Lyons A., \*Goodwin I., Griffin C., & Pedersen M.; \*Massey University, New Zealand (ref.id:463/398)*
2. Participation in risky leisure time activities, parental monitoring and adolescent drunkenness; *Tomcikova Z.; \*P J Safarik University, Slovakia (ref.id:155/274)*
3. Cross-sectional and longitudinal effects of self-efficacies on three health behaviours in elementary school children; *Brandstetter S., \*Berg S., Fritz M., Galm C., Klenk J., Peter R., Schreiber A., Wabitsch M., Wartha M., Wirt O., & Steinacker J.M.; \*Ulm University Medical Center, Germany (ref.id:784/355)*
4. Does family matter? Social support from parents and other social protective factors for adolescent health and well-being; *Piko B., \*Kovacs E., Hamvai C.; \*University of Szeged, Hungary (ref.id:765/772)*
5. Preparing a pilot intervention to reduce HIV risk behaviour in adolescents in Cape Town and Soweto; *Sallis A.; \*Department for Work and Pensions, United Kingdom of Great Britain and Northern Ireland (ref.id:204/251)*

**G: Occupational Stress** (Chair: Didier Truchot)

Location: St. Goanga

1. A longitudinal test of the Job Demands – Resources model in an industrial plant; *Schaufeli W.; \*Utrecht University, Netherlands (ref.id:182/298)*
2. What matters for long-term absenteeism: Iso-Strain at work or at home?; *Kittel F., \*Casini A., Clays E., & Godin I.; Université Libre de Bruxelles, Belgium (ref.id:164/257)*
3. Relationships between occupational stress, work values, job characteristics, organizational citizenship behavior and motivation in a Romanian sample; *Iliescu D., \* & Stanescu D.; \*SNSPA Bucharest, Romania (ref.id:421/505)*

## ORAL Programme

4. Explorative study on the relationship between occupational stress and work style; *Mindu G. K, \* Mohorea L., & Stanescu D.F.; \*National School of Political Studies and Public Administration, Romania (ref.id:669/708)*
5. Underqualification and health-related quality of life: Summary of findings from survey and case studies on work and lifelong learning; *Raykov M.M.; \*University of Toronto, Canada (ref.id:895/827)*