

Suzanne C. Segerstrom, Ph.D., is a Professor of Psychology at the University of Kentucky in Lexington. She has a B.A. with majors in Psychology and Music from Lewis and Clark College in Portland, Oregon, and M.A. and Ph.D. degrees in Psychology from University of California, Los Angeles. Dr. Segerstrom's research focuses on psychosocial influences on human immunity, particularly the interaction between environmental stressors and personality characteristics. Her work has shown how optimism influences stress-related changes in the cellular immune system as well as how cognitive processing styles affect well-being and immunity. Her research in these areas has included undergraduates, medical and law students, HIV positive gay men, and older adults, and has been funded by the National Institutes of Health, the Norman Cousins Program in Psychoneuroimmunology, the Dana Foundation, and the Templeton Foundation. She is also the winner of the 2002 Templeton Positive Psychology Prize and the 2007 Robert Ader New Investigator Award from the Psychoneuroimmunology Research Society.